

## **Apollo's Fire Discovery Series: Episode 5 Learning Activities**

### **Activity: Create a Choreographed Dance!**

**Materials:** music, open space.

**Instructions:** Have students form a big circle. Each student will come up with a dance step or move that everyone will do. Go around the circle and each student will demonstrate their dance step and then the rest of the group repeats. Go until each student and teacher ( 😊 ) has added their move! After, add music and do your class choreographed dance to the music of your choice!

### **Activity: Let's Improvise!**

**Materials:** music, open space.

**Instructions:** Have students find a space in the room where they are able to move around with out bumping another student.

Explain safe body movements- “we want everyone to have fun and be safe so look to your side and look to your other side make sure you have room and your neighbors have room!

Teacher notes: If you need to assign students to a poly spot or carpet square for better spacing.

This is an activity to reinforce creative thinking. Encourage students to dance how the music makes them feel. Once the music is on and students are dancing, introduce the second part of the activity, Free dance! As the students continue to dance either call out freeze or pause the music!

Go Further: If you’re feeling competitive, you can eliminate students if they don’t freeze. You also can add different ways for the students to move through emotions and feelings.

Example: “Ok! Now I want everyone to dance like you’re excited!”

“Now, dance like you’re sleepy”