



I ♥ Music Discovery Series

Episode 1: Meet Apollo's Fire, the Baroque Orchestra!

Activity 1: Keep the beat, Change the tempo!

Time: 8-10 minutes

Description: Students will learn to keep a beat and follow along as the tempo is changed.

Materials: Speaker/music optional

Vocabulary: A **beat** is the steady rhythm which the music follows

Tempo is the speed of the beat, it can be fast or slow, or change during the song

Instructions: Students can sit/stand in a circle or remain in seats

Teacher/Instructor: This is a game like follow the leader, I'll go first and you repeat what I do!

But it's music so we need to keep the beat!

Students will follow along first by tapping their lap, then clapping their hands

The beat will start first, once the beat has established change the tempo; slow and fast

There is a beat to every song. So what you can do is play a song "Can't stop the feeling"

Make a note that there is a beat in Baroque music and modern day music!

Establish the beat and use stomping on lap pats to indicate the beat

Activity extension:

Everyone keep a beat and go around the room and say your name! If you get off beat you start with the person who it ended with.

Start with going around the room and have everyone say their name regularly, if a students name has multiple syllables in it keep the beat ex: Tia-nna, Ga-by, each syllab gets a beat if a name has double the syllables Elizabeth still give two beats and combine the first two syllables then the last two for "Eliza-beth

Clap or pat a steady beat, try to go around the circle!

If the class is doing ok with the first part try changing the tempo fast or slow